



New Zealand Foundation for
**CONDUCTIVE
EDUCATION**
MAXIMISING THE ABILITY IN DISABILITY

P.O. Box 9230 Tower Junction, Christchurch • Phone 0800 169 323 or 0277 169 323
Web: www.nzfce.org.nz • Email: sally@nzfce.org.nz • Facebook: www.facebook.com/NZFCE/

From the National Coordinator, Sally Thomas



It feels so good to be getting back to a sense of normality here in Aotearoa, all coinciding with Spring and the promise of a hot summer. As you will read in this newsletter, lots of exciting things have been happening around the country.

Wayne Smith Honoured

Our AGM was an opportunity to officially acknowledge Wayne

Smith's contribution to Conductive Education through recognition as a Life Member of NZFCE. Wayne who is now the Coach of the Black Ferns came to visit Addington when he was in Christchurch recently with some of the team and participated in Conductive Education Canterbury's "Wheelie Awesome Wheel-A-Thon". Lots of fun was had and funds raised. We will be right behind the Black Ferns in the upcoming Women's Rugby World Cup!!! Go the Black Ferns!!!



New Chief Executive

We were delighted to see that Paula Tesoriero has recently been appointed to the role of Chief Executive to *Whaikaha—the Ministry of Disabled People* and look forward to working alongside her during a significant change in disability support services with the embedding of enabling good lives principles. It will be interesting to see how the *Child Development Services Future Operating Model* rolls out and what impact this has on our CE services and whānau.



Professional Recognition

We are so excited to see another Conductor working for our affiliated centres successfully completing the process and being registered under the NZFCE Conductor Professional Standards. Like all education and health specialists this process evidences a high standard of professional practice and commitment to ongoing learning and development. Congratulations Sevi!!

Enabling Good Lives

We are delighted to share our newly developed resource *Conductive Education - Enabling Good Lives* in this newsletter which depicts the journey that we have with babies right through to adults. Thank you to our friends at *Humanly* for their support and guidance with this important resource.



Opening of Braintree Wellness Centre

It was fantastic to attend the opening of the new Braintree Wellness Centre in Christchurch – this is a hub that supports people with neurological conditions to live well in the community. Adult Conductive Education Trust is now operating from here and it provides lots of opportunities to connect with like-minded organisations in our sector.

Conductive Education Awareness Week

Conductive Education Awareness Week starts 31 October 2022—check out what is happening in your region on Facebook!

FROM THE CENTRES

Conductive Education Waikato

We have had a fun but illness filled winter with a number of children and staff away with nasty flu's and Covid. We are all looking forward to the warmer months spring and summer will bring! We have had a lovely time celebrating special events over the term. Graduations are a really important occasion for us as we like to celebrate the successes and progresses our tamariki make and also to farewell them onto the next part of their journey with all their Conductive friends and team members. We have had a number of children move on to school over the last 6 months and we love to see them thrive

in their new environments. We also celebrated Matariki with our tamariki, using stories and music and we had a lovely family lunch to celebrate the start of the Māori new year. Having families and whānau participate in the activities we have at our centre is a really important part of supporting them alongside their children and the whole team really enjoy meeting whānau during these shared occasions. Alongside the events, our team and tamariki continue to work hard to meet their goals and develop new skills.

We are looking forward to working with Bori next term and using telehealth to have the ongoing Conductor input into our programme. We are also looking forward to some exciting changes that we have coming up starting next year – Watch this space!

–Vicki Coddington, Centre Manager



CONDUCTIVE EDUCATION - ENABLING GOOD LIVES

Self-Determination
Each person is in control of their life outcomes, supported in their choices and not judged.

Mana Enhancing
Abilities and contributions of all people are recognised and respected.

Relationship Building
Strong relationships are developed between individuals, children, whānau and their communities.

Natural Supports
Positive foundations and connecting with others.

Beginning Early and Easy to Use
Early access to information and support guided by the individual. Supporting all ages and stages.

Person-Driven
Individuals and whānau are seen as essential members of the team.

Ordinary Life Outcomes
Disability will not limit possibility. All opportunities and experiences to participate are encouraged and supported.

Mainstream First
Not mainstream only! A community that values diversity and welcomes and includes all citizens.



Conductive Education Wellington

What a busy few months we have here at Conductive Education Wellington Trust!

We currently have 16 children enrolled in our daily sessions and 4 in our afterschool sessions. We have had one child finish their transition to school in the last month.

We are lucky enough to have a music teacher join us for a few hours each day and she takes mat time music and also individual sessions with the children. Judy has a lot of experience and has worked at our centre previously

so she has slotted straight back in with no training required! The children absolutely adore the music time.

We have recently celebrated Te wiki o te Reo Māori, and we did so by learning about our pepeha and what the Māori geographics represent for tangata whenua. We've also been celebrating this week with many musical experiences during our morning mat times. There are plenty of waiata that we have learned over time and continue to become increasingly confident in these.

—From the team at CE Wellington Trust



Conductive Education (Southern)

Hello to everyone from the deep south. Not much happening as we have been very quiet over the winter months. Although we have had very few new clients coming through our doors, we have maintained our role of 28.

With great sadness we acknowledge the passing of a former client's father. Dave Bartley was the father of Olivia, our original gorgeous poster girl. Olivia passed away in July 2021, and is now sadly joined by her father. Dave was one of the instigators and driving forces behind the "Fight for Kidz" charity fundraising boxing events which has assisted many Southland organisations working with children with additional needs and/or life challenges. Conductive Education Southern was one of the charities which benefitted from the "Fight for Kidz". Our heartfelt condolences go out to Lisa and Eli, along with their extended family.

On a more positive note, congratulations to Sevi for gaining his registration under the NZ Foundation for Conductive Education Conductor Professional Standards. This represents an acknowledgment of the high standard of work that Sevi does for our service. Well done Sevi!

—Chris and Sevi



Conductive Education Canterbury

Over the winter months we have been trying to keep active while raising awareness and fundraising to build our second accessible home that will support disabled people to learn the skills needed to embrace independent living. This project has been a priority for our Governance Committee in making Conductive Education Canterbury sustainable into the future through the rental income from the house. If you would like to be involved in this project, please contact rebecca@cecanterbury.org

In August we set people the challenge of taking part in our "Wheelie Awesome Wheel-a-thon" and were really encouraged to see so many involved. We were supported by past and present whānau including babies, children, and adults, our local community including children from Addington Te Kura Taumatua and CEC staff members. It was so inspiring to see the challenges that past children were setting themselves, such as Vicky who first started at CEC when she was 1 year old, who is now 17 years old and an Ambassador for CEC, using her exercycle for 15 minutes each day. Montana who started at 9 months old, and is now 19 and a valued member of the staff working as an Education Support Worker, pledging to wheel 100km on her bike. Final figures still come in but initial indications are we raised just over \$9,000 collectively.

The highlight would have been a community date with the Black Ferns. NZFCE Life Member and former Patron, Wayne Smith was keen to bring along some of the wāhine from the team to take part in our Wheel-a-thon at CEC. We were so honoured to build this new connection and relationship with the Black Ferns and look forward to supporting the wāhine toa at Rugby World Cup this October and November in Aotearoa.

August was a busy month for us as we were also blessed to be the recipients of the Placemakers Community working bee after their National Conference.



Around 30 of their leadership team came and cleaned windows, washed the building, gardened and made resources for us. They also donated plants for the garden, new hoses and deck stain. The centre is looking fabulous and we are extremely grateful for their efforts.

As we head into the last term of 2022 we are planning a celebration for Conductive Education Canterbury's 30th birthday on Sunday 6th November 11.00am - 2.00pm. All past and present supporters are welcome to come and join us for this wonderful milestone. Please RSVP for catering purposes: rebecca@cecanterbury.org

—Ngā mihi nui, Rebecca



Adult Conductive Education Trust

Kia ora koutou. Since our last update we have been busy welcoming in change and saying farewell to loved ones. We were able to come together to celebrate the life of one of our people, Charlie, with his family and friends. Charlie sadly passed during times when we were unable to send him off with our own celebration of his life. Having the chance to finally do this allowed us to reflect and share with loved ones how much he will be missed.

We also said 'See you again' to Agnes Jankovics, our Conductor, who has supported ACET since the beginning of our journey. Agnes has set off on new adventures and we wish her all the best in her journey. Agnes, words cannot explain the gratitude we have for you and the impact you have made on the lives of many. Thank you for all that you have done for our ACET whānau.

We also say a massive 'Thank You' to Camille Ross who is stepping down off our board. Camille, thank you for all of the time and effort you have put in to getting ACET up and running. Your knowledge, support and guidance over the years will be dearly missed.

We are excited to share with you all that Bori Toth is the new Conductor at ACET. Bori brings a wealth of knowledge, having supported all ages, and our people are enjoying the new challenges that Bori sets. Along with Bori joining the team we have moved to our new premises at *The Braintree Wellness Centre*, joining a group of likeminded people in an environment that supports disabled people. This move has meant a shift in days and we are now operating two sessions on a Friday. You can check out some of what we have been up to at Braintree on our custom made website, designed by the team at Webmad; www.acet.org.nz. Thank you to the Webmad team for supporting us in developing such a



valuable resource for our organisation.

Finally, we would like to thank our generous contributors: our Staff, Board Members, Volunteers and ACET whānau; Lottery Community Fund; Kiwi Gaming Foundation Ltd; COGS; and The Lion Foundation. Without their contributions we would be unable to run our programmes.

–Thank you from the crew



Conductive Education Taranaki

If 2022 had a bumper sticker, it'd be: "the only constant is change". In the last few months we've expanded our service, shunted Craig back onto the board after his award, welcomed a new Early Intervention Teacher onto the team, launched new programmes and developed an app.

New to the Team

We're delighted to announced that our Early Intervention teacher, Jess, has just welcomed a wee one into the world. While she's busy taking care of him, with exuberant assistance from his older sister, we're so lucky to have Rebecca (Becks) Paris covering her role. Thankfully, Becks also has a high tolerance for nonsense and brings her own vibrant flavour to our dynamic little team.



Legends went Wilder

Our annual fundraiser, Legends go WildER for Conductive Education, finally went ahead (after three date changes!) in September, and by all accounts was a roaring success. Thanks to the incredible generosity of our community, we raised \$41,000 for our centre. Elizabeth Millen was the undisputed star of the show, delivering a stunning opening address that had the crowd of 200 on their feet for a standing ovation. She gave this evocative and enlightening description of cerebral palsy; "Cerebral palsy is a motor disorder that causes the electrical signals in my brain to skip some of the circuits in my cerebrum, so they don't get through to the muscles properly. Can you imagine your phone running out of Wi-Fi when you're just about to finish a text? That's what it's like with my nerves, or nerve signals more specifically. 'The signal to the quadriceps failed to send'."

Celebrating our own legend

Craig Nielsen was presented with a Citizens Award in July, in recognition of his contribution to our community. We're all so proud of what he's achieved, and to be part



of a community that acknowledges the significance of Conductive Education. However, we suggest you also refuse the offer to refer to him as Lord Nielsen.

New developments

Thanks to a generous two-year commitment by our major funder, the TOI Foundation, we have launched a new programme, *Kaitiaki ō to Manawa Ora*, delivered by our Whānau Liaison, Pip Kay. The aim is to facilitate resilience and capability-building for whānau whaikaha building authentic knowledge, empowering and enabling parents to successfully advocate for their children, to share and receive emotional support.

Pip's brainchild, "Empower Me", an online connector for the web of health, education and disability service providers, was one of six finalists in Innovate Taranaki. We are now getting ready to pitch this to investors.

We have also expanded our Conductor-led neurological rehabilitation for youth (*Resilient Rangatahi*) and have employed a social worker to facilitate an inclusive playgroup, set up as a safe space for mums at risk of dropping out of antenatal groups when their kids don't meet conventional milestones, and providing emotional support.

With love, we remember

In April, we lost our dearly beloved Suzanne Fraser. She's been a part of our little crew since the early days, and we all miss her. Her family have established a Conductive Education Taranaki scholarship in her name, as we were a cause close to her heart. This is a huge honour for us, and it helps us to remember her with the same love, hope and gratitude she lived by.



Addington Te Kura Taumatua

It has certainly been a strange year so far, but that does seem to be the new normal in recent times!

Terms 2 and 3 for us were greatly affected by illness, both for staff and students. Our families worked incredibly hard to keep their children safe from Covid, but still a number were affected, as well as most of our staff. A number of other illnesses also hit around the same time. This led to a very disrupted time, as we had minimal days with our full complement of staff, which made it challenging to run our usual programmes as we would like.

I feel very proud of our children, whānau, and staff, for how hard they have worked to keep everything going and keep the children as safe as possible.

We had a very wet winter, which meant a lot of time inside. We are fortunate to have such a lovely environment to work in, and there was always plenty of fun to be had.

It is so important for all our students to experience a range of sensory learning experiences. Our staff have been very clever in finding ways to present learning and play with a sensory focus. The children have many opportunities each day to explore touch and texture in different ways, experience visual stimulation, different sounds, smells and sometimes taste as well. Water



is always a big favourite, along with messy play and trying out different textures. It's such a wonderful way to practise our communication of likes and dislikes, try something new, and ask for 'more', 'different', or to say 'finished'. Thank you to all our staff for your endless creativity.

As I write we are enjoying all the signs of spring, and this is giving us more time outside to get lots of fresh air and see what is happening around the school.

We recently enjoyed a trip to the Canterbury Museum to see the dinosaurs, and look forward to a lovely time meeting the animals at Willowbank in Term 4 as an end of year treat.

—Astrid Sydow, Associate Principal



GlowKids

Kia ora and greetings from Tāmaki Makaurā.

Tūmanako (*Hope*): Kia mau ki te tūmanako, te whakapono me te aroha—*Hold fast to hope, faith and love*

This year has certainly had its challenges although there have been some highlights along the way.

One of these has been the recruitment of our new Head Teacher—Tessa Carter. Tessa had not long been in the building when we were advised about an upcoming ERO review—what better way to really know about a service than to get ready for a review?



We are eagerly awaiting the arrival of our new Conductor, Bianka—the immigration process feels like it's taking an eternity cutting through all the red tape. Hopefully by the time the next newsletter is written we can say that she has arrived safely in NZ. We have been extremely fortunate to have Gabi Kovacs step in to assist us while Reka is on parental leave.

Our visiting Occupational Therapist, Trupti, introduced a "Food is Fun" programme—this has seen many of our children who are picky eaters making inroads by trying newly introduced foods. Our parents have been delighted with the progress their children have made.

From next term we are extending the days for our Sensory Kindergarten class, we see there is a definite need for our children on the ASD spectrum.

We would like to take this opportunity to also thank NZFCE board for their contributions towards team member's professional development. As they say it takes a community!

—Ka kite anō, Glowkids team

Te Pa Haraeka, Naenae Primary School

Kia Ora Koutou from Te Pā Harakeke.

In August we were thrilled to welcome Clare as full time Specialist Teacher to our expanding class. She has newly arrived from the UK with her young family.

Clare's wealth of experiences and creativity has quickly added value to our programmes and extended opportunities for our tamariki. Additions to our previous routines are Sensory Science afternoons and weekly Drama and role play activities. Every Tuesday we look at 'The World around Us' focusing on our local environment and some current events such as Matariki and the Queen's memorial celebrations.

Our roll continues to expand to the extent where we will be at maximum capacity in our physical space by the end of this year. We currently have 18 tamariki engaged with Conductive Education at our kura. 13 students are fulltime in our Conductive classroom and 5 students attend our mainstream classes while having access to our sensory and physical therapy programmes.

Despite numerous setbacks in health across the year our students continue to meet challenges with tenacity. Highlights have been the gains made in communication for

a number of our tamariki. We are very grateful for the work Janet, our SLT, has done in acquiring speech devices for 2 of our tamariki. We are fortunate that 3 of our wonderful support staff have skills in Te Reo Māori. Sharing their knowledge and language has added to the manaakitanga and whanaungatanga of our community.

The images share a glimpse into our daily activities and the joy received from our tamariki.

— Ka kite ano. Naenae Conductive Team



Conductive Education Woodstock

This term has been one of highs and lows. We had two amazing learning assistants leave us. They have been a huge asset to our team and adored by all the children, but are moving on to new ventures with their families. On the plus side, we managed to snap up two new very enthusiastic ladies who are already making their mark!

Our roll is steadily growing so we are having lots of fun learning and playing. A favourite is messy paint play as well as digging around and even climbing into our sensory tubs. Thank goodness rice is so easy to sweep up!

The weather hasn't always been our friend so some days have seen us couped up. However, it also lends to the opportunity of going out and splashing (and even lying!) in puddles.

We are excited about next term and the opportunity for some of us to attend a hockey skills program run by Waikato Hockey. The children will be given the chance to learn about the game which could then lead to teams being created so they can play alongside all other hockey teams next year.

We are also part of a Paralympian pilot program with the vision of greater inclusivity. This is an exciting program that will include a visit from a Paralympian. We will be learning all about the Paralympics and supporting our tamariki and their mainstream classes to make connections, change behaviours towards disabled people and challenge themselves. It will be such a great way to end the year.

—Woodstock School CEU



Neuro Connection Foundation

The year is flying and along with our regular long term rehabilitation classes running at the centre, we had some fun with another fundraising project as well as some wonderful info sharing sessions.

Our clients love a relaxed coffee & catch up, so we are excited to have launched 'Neuro Chat' where we host different guest speakers & presentations from time to time on topics that matter to our community.

We were joined by a Neuro Physio who spoke about Fatigue and Exercise and coming up we are hosting a Dietician who will be talking about Nutrition Post Stroke. There are many challenges that our clients face in their day to day lives, and we are striving to continue to support them with more than just their physical journey.

On the fundraising front, we held our second annual Soup fundraiser lunch in August which was the perfect way to warm our bellies during those colder days. It was wonderful to see such a great turn out. Our team got their aprons dirty in the kitchen and lovingly whipped up several flavours of soup and not a single drop went to waste.

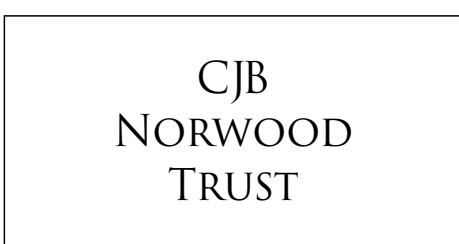
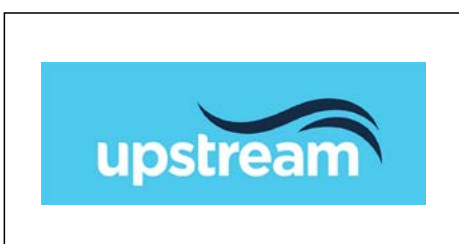
We really enjoy events like this, not just to help our foundation raise much needed funds, but to connect with each other socially as our clients are all such great company! We're pleased to report that we raised \$530 to go towards our New Technology project.

Our next fundraiser coming up is our very first BINGO afternoon. There are some fabulous prizes donated, along with cheese & crackers to nibble on. It's fair to say that the team as well as our clients are already looking forward to it.

—From the team at Neuro Connection



OUR MAJOR SUPPORTERS



NZ FOUNDATION FOR CONDUCTIVE EDUCATION

N.Z. Foundation for Conductive Education (NZFCE)

Chairperson Rebecca Courtney
National Coordinator Sally Thomas
P.O. Box 9230, Tower Junction
22 Brougham Street, Christchurch, 8024
Ph: 0800 169 323 or 0277 169 323
Email: sally@nzfce.org.nz
Web: www.nzfce.org.nz
Facebook: www.facebook.com/NZFCE

Conductive Education Southern (all ages)

198 Esk Street
Invercargill 9810
Ph: 03 218 8766
Email: manager@cesouthland.org.nz

Addington Te Kura Taumatua **Conductive Education**

(primary school children)
22 Brougham Street, Christchurch
Ph: 03 366 2909 Fax: 03 365 8940
Email: principal@addington.school.nz
conductive.education@addington.school.nz
Web: www.addington.school.nz

Conductive Education Canterbury **Early Intervention Unit**

(pre-school children)
22 Brougham Street, Christchurch
PO Box 9230, Tower Junction
Ph: 03 372 1399 Fax: 03 372 1499
Email: cecanterbury@xtra.co.nz
Web: www.cecanterbury.org

Cashmere High School **Conductive Education**

(secondary school aged students)
172 Rose Street, Christchurch 8024
Ph: 03 332 9129 Fax: 03 332 9126
Email: wbj@cashmere.school.nz
Web: www.cashmere.school.nz

Adult Conductive Education Trust **(ACET) Christchurch**

(Conductive Education for adults)
PO Box 9329, Tower Junction, Christchurch
Ph: 03 372 1399
Email: office@acet.org.nz

Wellington Conductive Education **Early Childhood Centre**

(pre-school children)
PO Box 35 078, Naenae 5041
Ph: 04 577 3480 Fax: 04 577 3480
Email: cewt@xtra.co.nz
Web: www.cewellington.org.nz

Naenae Primary School **Conductive Education**

(primary school children)
Wheatley Street, Naenae, Wellington
Ph: 04 567 8117 Fax: 04 567 8771
Email: conductive@naenae-primary.school.nz
Web: www.schoolground.co.nz/naenaeprim

Conductive Education Taranaki (pre-school and school age children)

Westown School
Sanders Avenue, New Plymouth
Ph 06 929 3504
Email: rachel@conductivetaranaki.org.nz
Web: www.conductivetaranaki.org.nz

Conductive Education Waikato **Trust Early Intervention Unit**

(pre-school children)
Fairfield Road, Hamilton 3214
P.O. Box 12066, Chartwell Sq., Hamilton 3248
Ph: 07 855 7013 Mob: 027 855 7014
Fax: 07 855 7014
Email: cewaikato@xtra.co.nz
Web: www.conductiveeducationwaikato.nz

Woodstock Primary School **Conductive Education**

(primary school children)
Fairfield Road, Hamilton 3214
Ph: 07 855 6686 Fax: 07 853 7056
Email: bronwynn@woodstock.school.nz
Web: www.woodstock.school.nz

GlowKids

(pre-school children)
13 Coyle Street, P.O. Box 16291
Sandringham, Auckland 1351
Ph: 09 845 8070
Email: info@glowkids.org.nz
Web: www.glowkids.org.nz

Neuro Connection Foundation

(Conductive Education for adults)
2 Claude Brookes Drive, PO Box 21 504
Henderson, Waitakere City 0650
Ph: 09 836 6830 Fax: 09 836 6832
Email: admin@neuroconnection.org.nz
Web: www.neuroconnection.org.nz