



# New Zealand Foundation for CONDUCTIVE EDUCATION

MAXIMISING THE ABILITY IN DISABILITY

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## From the National Coordinator, Sally Thomas



Isn't it awesome to have daylight saving and warmer weather! As always it has been a busy time since our last newsletter with lots happening in the centres.

### Wheelie Awesome Wheel-a-thon

Our biggest happening has been Conductive Education Awareness Month in August and the launch of

our national "Wheelie Awesome Wheel-a-thon". This will be an annual event on the Conductive Education calendar and is an opportunity to raise awareness for CE, contribute valuable funds for our centres, get wheelie fit and have fun!! Congratulations to all of those who took part, wheeling their way to raising in excess of \$25,000 across the country! Well done and thank you to you all. This year saw people challenging themselves in wheelchairs, walking frames, on bikes, skateboards, roller skates, pushchairs/prams – it can be anything involving wheels! We even had some people on wet days thinking outside the square and pushing shopping trolleys at the mall! This is a great opportunity to support Conductive



Education in your region and get wheelie fit and active!

2024 will be even bigger and better – so please mark August in your calendar now and start thinking about what your personal wheelie challenge and goal might be for the month.





Welcomes and thanks

NZFCE are delighted to welcome Debbie Houkamau to the Conductive Education whānau in her new role as Manager for CE Southern.

We are also thrilled to have Kendra Cocksedge, and Alana and Chelsea Bremner (former and current Black Ferns) join the Conductive Education Ambassador team!! We are so grateful that people take time out of their busy lives to support our cause – thank you so much!!

A reflection on my time on the NZFCE board

from Rebecca Courtney



At the May Annual General Meeting this year I decided not to stand for re-election to the NZFCE Board as it was time to allow new people to come in, to share their ideas and experiences, a move that was positive for succession

planning for the Foundation. I was honoured to be asked to stay on in an Advisory Trustee capacity to support the incoming Chairperson, Craig Nielsen and the Board members.

I have been on the Board since 2007, holding the positions of Secretary, Treasurer and more recently Chairperson. During my 16 years with NZFCE I have seen many changes within Conductive Education and the disability, education and health sectors, but one of the most positive has been the roll out and implementation of the Enabling Good Lives principles. As an organisation we have been able to quickly foresee and respond to these changes within the Board and the Foundation. One of the most positive attributes of our Board is the different voices that sit around the table, people with lived experiences, Managers and School Principals. We are able to consider the implications for our people from birth across all ages, to support our affiliates members around the motu.

He aha te mea nui o te ao  
He tangata, he tangata, he tangata

What is the most important thing in the world?  
It is the people, it is the people, it is the people

As I reflect, the people are the heart and life force of any organisation. The late Dave Ching and Sally Thomas, who have held the position of NZFCE Coordinator, have steered us as a Foundation in a direction that has enabled us to grow and develop to support the people we serve. Early on Dave was able to connect us with like-minded people who were passionate about the work of our affiliated members and who have become an important part of the CE whānau in Aotearoa, such

Thank you Chris and Brad

A continued big thank you to Chris Harris and Brad Mooar who have given us lots of support during the year – you are our heroes!!

**Our Supporters**

Our other heroes are our wonderful funders –thank you to Independent Fisheries, Lottery Grants Board, Kiwi Gaming, Pub Charity, CJB Norwood Trust and Lion Foundation for your support during 2023.

as Independent Fisheries and Sir Wayne Smith. Life members of NZFCE, Wilson Jolly, Anthony Smith and Sir Wayne Smith, have advocated over the years and played pivotal roles in the establishment of services and raising awareness. Our current Patron, Chris Harris, has lived experience of Conductive Education Canterbury as a whānau member. He has raised awareness of Conductive Education within the public eye as he took part in “Dancing with the Stars” and supports our affiliate members with their fundraising events around the regions. As a public figure he is always looking for ways he can promote Conductive Education in his many interviews and while commentating the cricket.

Preparing this reflection has filled me with pride around the progress and direction that our organisation and it’s people have made. A snapshot of the things that I am most proud of during my time on the Board are...

- The rebranding and marketing that has taken place, including the website and logo.
- Continuing on with the employment of a National Coordinator.
- The development of the NZ Conductor Professional Standards.
- Advocating and lobbying government agencies on behalf of our affiliated members and the people they serve.
- The implementation of Ambassadors – Mary Lambie, Laura McGoldrick, Brad Mooar, Kendra Cocksedge, Alana and Chelsea Bremner.
- The employing of Itinerant Conductors to support our affiliate members.
- NZFCE establishing the wellbeing, marketing and other funds to support our affiliate members.
- Providing a range of subscriptions such as AEPSi and Boardmaker to support the work of our affiliates.

Into the future

We are in midst of great change in the disability sector which will see people having more choice and control over their supports and their lives. I believe that our affiliated members throughout the motu will continue to adapt and evolve to support our people and their whānau during these changes. I am confident that NZFCE as an organisation will also continue to do the mahi and advocacy to support our affiliates into the future.

Ngā mihi nui  
Rebecca Courtney

FROM THE CENTRES

Conductive Education Waikato

Conductive Education Waikato has had a super busy few months. We have lots of new children and whaanau start working with us and we are planning new groups and things we can do with them to start their Conductive Education journey. We have been super pleased to welcome Senior Conductor Melinda Ashton back to the centre after time off with her baby. Melinda has a wealth of knowledge and a special way of working with children and whaanau and we are lucky to have her back. We are also lucky that we have had Tunde (NZFCE Conductor) visit us to work with the children attending our groups. Her new ideas for activities have been great to keep the children learning in different ways.

**Wheelie Awesome August** was an opportunity to let people know a little more about what we do and provide our kids with an opportunity to show off their skills. We joined with Bronwyn and her team at the Woodstock Primary School Conductive Education Unit and had a Wheelie Awesome Wheels Day. Liam from Trikes NZ, who is a past student of Conductive Education Waikato, also attended and showed all the kids how trikes work and how accessible they can be for everyone. The school turf was the perfect place for using scooters,

skateboards, wheelchairs, trikes and balance bikes, trolleys and even a wheelbarrow! Several senior classes from the mainstream school joined the fun and tried their skills with Liam’s trikes. The weather was stunning and the ice-block fundraiser was a perfect end to a fun morning. We are really looking forward to growing this event next year and having another avenue to promote Conductive Education to our community.

–From the team at Conductive Education Waikato





## Conductive Education Southern

*Kia ora Koutou,*  
I am the new Centre Manager for Conductive Education Southern. I've only been in the role a few weeks but am really enjoying it. I have been involved in the centre many years ago when my son Jack (whom is now 26) used to attend, for approximately 8 years, so it is very close to my heart, and I was also a Trustee on the board.

I recently visited the centres in Christchurch, and this has been invaluable in the way that I was able to see first-hand how the centres are run and the passion of the Managers, Conductors and Support Workers.

My aim in this role is to raise more awareness in our community of Conductive Education and on the amazing benefits of attending sessions.

Sevi our Conductor and I will be setting up a stall at our annual Spring Community Expo here in Invercargill and hope to attract a lot of interest from this.

I am currently planning a reunion for February of all past attendees as we are coming up to 25 years of being open for our centre, so that's exciting.

—Ngā mihi, Deb & Sevi



## Conductive Education Wellington

Well what a very busy term we have had. Although we have come out the other side of winter, we actually had some really beautiful days once it warmed up. The children have been for walks and had lots of opportunities to play outside. And for the not so nice days, art and music are always a fan favourite with our little ones.

We are all looking forward to spring, warmer mornings and lots of new growth and life to introduce our children to. We have already begun by celebrating Matariki and as part of our celebrations, we asked our whānau to contribute some vegetables towards making some soup. The staff went above and beyond by taking home vegetables and peeling and chopping them at night so they would be all ready for cook day. We also had a family bring in Māori bread to go with our soup. It was so wonderful to see people coming together,



sharing food, reflecting on the past and looking forward to the promise of the new year.

We are also looking forward to starting up our excursions again as it has been a while since we have been able to venture out both near and far (well Wellington). The team are excitedly coming up with a list of places we can go and it's nice to



start planning for them.

We currently have 19 children with another two on our after school sessions and are very proud of the reputation we have with other Ministries, hospitals and medical professionals who are referring families to us for children that will benefit from our services.

It was a great opportunity to attend the online provider hui organised by the Ministry of Disabled People held on 23 August 2023. This gave the providers an update on the organisation structure, the work programme and the price uplift and expected timelines. I look forward to dialling in to more of these hui.

—The Conductive team in Naenae

## Conductive Education Addington Te Kura Taumatu (Harakeke)

Moana Jr.

All of the students at Addington Te Kura Taumatua have been involved in putting on our biannual school musical in Term 3. And this year it was Moana Jr. Every student in the school has the opportunity to be either in the cast/company on stage or in a production team behind the scenes – so making props, designed the set, doing hair/makeup, costumes, catering for front of house etc. And this included all our Conductive Ed students in Harakeke too. In fact Whaea Bridget and Whaea Sam did an amazing job of making sure Moana was an incredible learning experience across the curriculum.

Each week they focused on a different part of the story or the characters.

Before they started each session, they'd hop in our canoe, hold onto their paddle, and sail to Moana's Island. They read a book they made called 'All about Moana.' They added new pages each week as they learned more about the story!

Some of the things they learned during their Moana topic include:

- Learning about friendship and Moana's friends—Pua and Heihei
- Island sensory play -water + sand trays, and exploring ocean sounds on our resonance boards
- Boats; things that sink and float
- Painting and constructing life size paintings of Maui and Moana (including tattoos)
- Making flower leis, flower headpieces, and our own Heart of Te Fiti
- Shiny sensory exploration
- Helping Whaea Bridget make Heihei's costume for the production

Ākonga, Tiahuia and Maddox had a chance to be involved in the production as a part of the chorus. All of our Harakeke ākonga had so much fun exploring and learning through Moana.



## Conductor's Corner



My name is Bori Toth and I arrived in Christchurch in 2019 to support NZFCE as an Itinerant Conductor. I feel honoured to have the opportunity of supporting the Conductors in New Zealand who are affiliated to NZFCE.

As an Itinerant Conductor I'm working with centres in Christchurch and assisting with the ongoing implementation of the NZ Conductor Professional Standards. I also help facilitate opportunities for Conductors to share thoughts, experiences, ideas and achievements to support the planning, development and quality of Conductive Education in NZ.

For this issue, I'd like to mention an important anniversary of the History of Conductive Education:

Dr. Mária Hári was born 100 years ago, on 26th August 1923. She was a physician who continued the work and legacy of András Pető as the first director of the Peto Institute after Andras Peto's death for almost 30 years. Maria was a tireless advocate for the Conductive Education profession and for research, both nationally and internationally. She helped Conductive Education to become established and well-known world-wide.





Glowkids

Tēnā koutou katoa, greetings from Glowkids in Tāmaki Makaurau,  
Poipoia te kākano kia puawai:  
Nurture the seed and it will blossom.  
It's amazing to think that we are heading into Term 4. I know that many of us have our fingers and toes crossed for a better summer this year!



Bettina (Betti), our new Senior Conductor landed in Aotearoa in August along with her husband and 2 small children. Betti and her whānau are very much looking forward to making their new life here in Aotearoa and are excited to see as much of our beautiful country as they can. The GlowKids' team are extremely fortunate to now have 2 fulltime Conductors as this now means we have the capacity to offer more services.

During the Term 3 break, we are offering intensives to our GlowKids' children, and this is another opportunity to do what the Conductive Education programme does best – "practice makes perfect".

Our Sensory Kindergarten class had their first holiday programme during the Term 2 break, and this was a resounding success for our tamariki and whānau, so with that in mind, we are holding another holiday programme during the Term 3 break.

We have organised a parent chill out room – a place that parents can grab a cuppa, have a catchup with other parents, as well as having a workstation



that many parents have utilised. We are currently revisiting our Vision statement and have asked our whānau to contribute to this. The feedback we received has been very humbling and, on those days when we need a boost, you will find many of us looking at these written statements. We can't wait to finalise our Vision.  
This year we have gotten fully behind the various language weeks; the Tongan and Māori language weeks have brought out the artistic talents of one of our amazing ECE teachers, Luseane, who put together an outstanding display with various taonga.  
Talking about language, I would like to give a shoutout to our amazing speech and language therapist, Elena Antipova. On a weekly basis, the team's feedback is that she is incredible rings throughout the centre – if only we could clone her – now that would make for a very special world.

Kia tae ki te wā e whai ake nei, tiaki i a koe me o whānau:  
Until next time look after yourself and your whānau  
–Ka kite anō, The GlowKids Team

Conductive Education Canterbury

With the start of daylight savings and the days getting longer it is hard to believe we are nearing the end of the year. Conductive Education Canterbury has had a great year to date and with a growing roll of 46 tamariki and whānau, that we are supporting, we are continually evolving and adapting our service to meet the needs of the tamariki and whānau we serve.

Definitely the highlight for us since our last newsletter contribution would be the Wheelie Awesome Wheelathon held over August and the Conductive Education Awareness month. Over \$10,000 was raised by some wonderful tamariki and supporters of CEC.

There were a variety of methods of how the funds were raised from tamariki using their walkers, learning to ride a bike, bake sales, three of the Early Childhood services the tamariki attend held their own wheelathons and one participant, Jeff, set himself a challenge of 1000km in the month of August and he raised an amazing \$3,200 for us through his givealittle page.

The month long wheelathon concluded with an event at Addington Te Kura Taumata. We were joined by our friends from Harekeke who had set a goal of wheeling their way to CE Southern, a whopping 1008km in total over the month of August! We completed laps around the school bike track with our new Ambassadors Black Ferns Alana Bremner and Kendra Cocksedge joining us for the ride.



Conductive Education Woodstock Primary

The highlight of this term would have to be our weekly trip to gymnastics. The staff at Hamilton City Gymnastics have been amazing. They have got to know all our children so well and encouraged and supported them to try new things and participate as best as possible. A huge thank you to our amazing staff who have provided transport to make it all possible. On top of this, we also participated in our school colour run. We had a blast zooming around the field with everyone else, dodging (or not so much) the paint bombs being thrown our way.

We have had two new families join us bringing our numbers up to 11. One of the most enjoyable parts of our job is getting to know our families and working with them to build their



children's confidence, skills and knowledge.  
An increase in our roll has meant additional specialists in and out of our unit. We are lucky enough to have a great team of people who set programmes for us to follow. They teach us new skills to help develop our children in all sorts of ways. The most exciting new learning for us has been having a group of our children use the same communication app. It is so encouraging to hear them communicate their needs and wants using these devices. It is still early days, but we are excited about the possibilities.  
Lastly, we have to mention our amazing Wheels Day. We joined together with our younger friends from the Conductive Education Waikato Trust as well as our friends from the senior school. It was a glorious day and so heartwarming to see everyone participating, supporting, encouraging and enjoying each other's company.  
–From the team at Woodstock





Neuro Connection Foundation

As you know, many of the clients that participate in our programme have been coming to our centre for many years. Their rehabilitation journey is ongoing and very needed to help them maintain as much independence as possible. As we get to know each other really well, it really is fantastic being able to connect with our fabulous clients outside of the classroom in a more relaxed social setting.

Living with a disability is often so isolating and we enjoy being able to provide the space for people to connect. We have had the opportunity to do so a wee bit over the last few months with some different events going on around the centre, which has helped to lift everyone's spirits throughout the rainy and dreaded winter bugs season.

In May we welcomed the team from Poi who facilitated a wonderful hands-on session using art as therapy, which was something many of our clients hadn't experienced for some time. It is of course a lot more common for children to be exposed to arts and crafts, but as an adult, having the space and time to dedicate to some creativity was a great reminder that art benefits people of all ages. Time ran out to get stuck into learning more about natural therapies for healing, so are looking forward to hosting the Poi team again soon for a dedicated Rongoā Māori session.

We were treated to some lovely freshly baked scones in June from a generous local sponsor, so we had a nice morning enjoying a Devonshire Tea.

August meant our third annual Soup-er Winter Warmer. This has become such a popular fundraiser, with clients looking forward to seeing which flavours of lovingly homemade soups have been whipped up by the NCF Team.

Everyone is already looking forward to an afternoon of Bingo in October & Colleen is rustling up sponsors



for exciting prizes and brushing up on her terrible Bingo Calls... 'Fifty Three, Stuck in a tree' and dare we say it, it will be Christmas before we know it!  
-From the team at Neuro Connection



Adult Conductive Education Trust

Over the past few months, it has been great to connect with others out in our local community. We attended the Next Steps Expo which supports young people as they transition from high school into the community to know what supports and options are available to them. We were able to share the conductive education programme we offer and discuss how our Conductor and Speech and Language Therapist work together, coaching and upskilling those that attend.

What a wheelie awesome month we had in August, raising awareness of Conductive Education and some of our people and supporters taking part in our wheelie awesome August wheelathon. It was great to see people out and about, getting creative in how they were using wheels from the traditional walks and bike rides to taking trolleys and gardening bins for spins. Special mention to TC Transcontinental, who set wheelie challenges for their team, allowing families members to take part by completing colouring in pictures and setting daily challenges. We wheelie appreciated your support of our wheelathon and our speech and language therapy programme.

Our recent Bingo fundraiser at the Kaikanui Tavern in Kaiapoi was a huge success! We had a fantastic turn-out and a fun night was had by all. Lots of prizes were won with the raffles and Bingo. Congratulations to all who won a prize! A HUGE thank you to Tracey, Evette and Gabby for organizing the fundraiser, you did a fantastic job. Thanks to the Kaikanui Tavern for being so generous and community minded to run and sponsor this charity event.

We would also like to thank our generous contributors: our Staff, Board Members, Volunteers and ACET whānau; Lottery Community Fund; COGS; and The Lion Foundation. Without their contributions we would be unable to run our programmes.

-From the team at Adult Conductive Education Trust





## Conductive Education Naenae Primary School

*Kia Ora Koutou* from Te Pā Harakeke. Here in Conductive mainstream we have 3 beautiful tamariki participating fulltime with their class. They all benefit from having access to therapy and sensory support when required in Te Pā Harakeke. As year 5 students, 2 of these children got to experience school camp with their peers. This was a fabulous 3-night adventure for them. We had wonderful support from their parents who committed to attending camp full time and the inevitable sleep deprived nights! We are grateful to the Halberg Trust who supported us with funding to enable access to these camp experiences for tamariki with physical disabilities.

Another highlight has been a special excursion for these Conductive students to attend Te Papa and Circa theatre. This outing provided an experience in creative arts through live drama, dance and interactive Māori theatre.

### Wheel-a-thon 2023

August 18th, 2023, here at Conductive in Wellington we had our first year of the Wheelathon event. The event included a fun filled afternoon bringing our school community together. The weather was beautiful, and we were fortunate that the sun was shining! We had children and staff taking part with their creative wheels from bikes, trikes, roller boots and even pushing their grandchildren in their pushchairs! Here in Te Pā Harakeke, we sent out the sponsor forms to our families at the unit and throughout the mainstream classes. We had an overwhelming response from our families throughout the local Naenae community.

We ended the delightful afternoon with a sausage sizzle to say a big thank you, that was enjoyed by all! It was a wheelie awesome day! We made a tremendous total of \$3300.00! With the funds raised, we are going to be developing our outdoor provision here in Te Pā Harakeke with interactive features, waterplay and educational equipment that can give so many enriching experiences and opportunities for our children.

We hope you all have a wonderful holiday!

– From the staff at Te Pā Harakeke



## Taranaki

*Kia ora koutou* from the Taranaki team

### Wheelie Awesome Wheel-a-thon

In August, in honour of Conductive Education Awareness month, we hosted a Wheelie Awesome Wheel-a-thon which was, of course, Wheelie Awesome! Our Conductive Education children were sponsored to complete laps of our local indoor Skating Arena in whatever wheels they chose to use – trikes, wheelchairs, bikes. We were blown away with the sponsorship and the number of laps completed – congratulations to Ryan, who made 55 laps. Friends, families, siblings and supporters also came along for the fun day out and rode alongside the kids in their skates and the sports wheelchairs loaned by our local Parafed. We had a sausage sizzle, bake sale, coffee and raffle



## Conductive Education Cashmere

*Kia ora* everyone. We are through our Winter term and have recently enjoyed the beautiful Spring sun shining through Te Pukenga – what a delight! Our Young People thoroughly enjoy taking in the sun listening to music, stories, or chatting away with friends.

Tünde Szekeres, our Conductor, continues to develop wonderful programmes of learning for our students, and we all can see the progress gained from the beginning of the year.

Conductive Education Awareness Week was fun for our students. We shared promotional material within our wider school community, and shared information about the importance of Conductive Education



and managed to raise just over \$6,000!

The whole day was so much fun, we plan to make it an annual event.

### Welcome Cara

We are delighted to welcome Speech and Language Therapist Cara Michael to our team. Cara will be working alongside our Conductive children as well as in our Early Intervention team, with children in Early Childhood Centres. It has been a dream of ours to have our own SLT and we're very happy to have such a talented and compassionate professional on our team.

### Good luck, Marcsi

Our wonderful Conductor Marcsi will be going on maternity leave in early October. Thankfully for us, her husband Steven is also a Conductor! Steven will be covering some of Marcsi's sessions while she is away. He currently leads our youth neurorehabilitation programme delivering Video Game Rehabilitation in local high schools and with individual clients.

We wish Marcsi, Steven and big brother Patrick all the very best with the arrival of their new baby.

### GrowAbility Playgroup

Our GrowAbility Playgroup is thriving with 18 children enrolled. We have a beautiful blend of children with differing abilities and have been able to support a number of families to gain further access to support from other organisations, as well as diagnoses and funding. In a recent survey some of the highlights of attending our playgroup mentioned were:

"Being able to take my son to a safe and caring environment which fully understands his needs and help me as much as they can with everything and it's great to have other parents to talk to."

"Having a safe fenced in place for my child to play has been amazing, and offered me so much more social interaction than before"

We wish everyone well in the lead up to the busy Christmas period.

–Ka kite anō from the Conductive Taranaki team

and how much it benefits our Young People. This was a great opportunity to raise awareness.

We had Debbie Houkamau and Sally Thomas visit us during the Term to see our amazing space in Te Pukenga. Whilst here, they were lucky enough to see one of Tünde's wonderful lying programmes in action.

The teaching team recently enjoyed an online zoom meeting – Community in Practice. This was a valuable opportunity to touch base with other Conductive Education teachers; to share ideas, exciting resources and ways to support integration into wider school settings.

–Ngā mihi, Team Te Pukenga





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## NZ FOUNDATION FOR CONDUCTIVE EDUCATION

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### **Addington Te Kura Taumatua** **Conductive Education**

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Email: principal@addington.school.nz  
conductive.education@addington.school.nz  
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### **Conductive Education Canterbury** **Early Intervention Unit**

(pre-school children)  
22 Brougham Street, Christchurch  
PO Box 9230, Tower Junction  
Ph: 03 372 1399 Fax: 03 372 1499  
Email: cecanterbury@xtra.co.nz  
Web: www.cecanterbury.org

### **Cashmere High School** **Conductive Education**

(secondary school aged students)  
172 Rose Street, Christchurch 8024  
Ph: 03 332 9129 Fax: 03 332 9126  
Email: wbj@cashmere.school.nz  
Web: www.cashmere.school.nz

### **Adult Conductive Education Trust** **(ACET) Christchurch**

(Conductive Education for adults)  
PO Box 9329, Tower Junction, Christchurch  
Ph: 03 372 1399  
Email: office@acet.org.nz

### **Wellington Conductive Education** **Early Childhood Centre**

(pre-school children)  
PO Box 35 078, Naenae 5041  
Ph: 04 577 3480 Fax: 04 577 3480  
Email: cewt@xtra.co.nz  
Web: www.cewellington.org.nz

### **Naenae Primary School** **Conductive Education**

(primary school children)  
Wheatley Street, Naenae, Wellington  
Ph: 04 567 8117 Fax: 04 567 8771  
Email: conductive@naenae-primary.school.nz  
Web: www.schoolground.co.nz/naenaeprim

### **Conductive Education Taranaki** (pre-school and school age children)

Westown School  
Sanders Avenue, New Plymouth  
Ph 06 929 3504  
Email: rachel@conductivetaranaki.org.nz  
Web: www.conductivetaranaki.org.nz

### **Conductive Education Waikato** **Trust Early Intervention Unit**

(pre-school children)  
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Email: cewaikato@xtra.co.nz  
Web: www.conductiveeducationwaikato.nz

### **Woodstock Primary School** **Conductive Education**

(primary school children)  
Fairfield Road, Hamilton 3214  
Ph: 07 855 6686 Fax: 07 853 7056  
Email: bronwynn@woodstock.school.nz  
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### **GlowKids**

(pre-school children)  
13 Coyle Street, P.O. Box 16291  
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